



St. Angela's Meadow
RETIREMENT LODGE

St Angela's Meadow Retirement Lodge July 2024



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In This Issue.....

Director's Message

Culinary

Social News

Remembering Friends

Jarlette Health Services

Upcoming Events

Birthday Wishes

Wellness Manager



St Angela's Meadow Retirement Lodge

July 2024



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RETIREMENT LODGE

General Manager's Message

Happy July Everyone,

So Many things happening @ St. Angelas in the month of July, we have a number of outings and fun activities planned.

Thank you to all the volunteers that participated in our Mulch Day. We cleaned up the grounds and it looks stunning. Big shout out to a residents family for also participating. Thank you Barb and Dave!!!

Please keep in mind with our heat advisories ramping up stay cool, hydrated and dress appropriately

We are in the process of hiring a new Sales Coordinator. More news to come!!

Enjoy your July

St Angela's Retirement Meadow Lodge July 2024



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Culinary News

Remember to try and stay Cool. Getting new staff on Please be patient. Let them see how wonderful the residence are.





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SOCIAL NEWS!!!!

Can you believe we are half-way through this year? I hope you are enjoying summertime with all of the sunshine and events planned at the Lodge. There is always something to do at the Lodge.

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July 2024



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Remembering a Friend

Clayton Leach
Sr. Patricia Anne
Sr. Mary Ann
Sr. Mary Ellen

Those who touch our lives,
Stay in our hearts forever.



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Upcoming Events

Canada Day Celebration	July 2
Pubcrawlers	July 11
Social	July 19
Birthday Party	July 17
Resident meeting	July 23
AI for Entertainment	July 24
Summer Olympics	July 29
Food committee	July 31





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Happy Birthday

Anne.D

July 11

Rebecca.M

July 20

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RETIREMENT LODGE

Wellness Manager

July is Social Wellness Month and a perfect time to remind ourselves of the importance of engaging in meaningful activities.

Advantages of Social Wellness:

Studies have identified that people who stay social will live longer, respond better to stress, have healthier cardiovascular and endocrine systems and have a more robust immune system!

Conversely, individuals who live a more secluded and isolated lifestyle are at increased risk for severe health issues – comparable to the consequences associated with obesity, tobacco use, and high blood pressure. Don't forget the small but extremely significant things in life like: shared laughter, hugging our loved ones, or a lunch date in our favorite café



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July 2024



DIRECTOR'S MESSAGE

Grand Opening at Muskoka Landing Retirement Lodge (Huntsville, ON)

At long last, the grand unveiling of Muskoka Landing Retirement Lodge in all its glory, took place on June 6, 2024! While the building's beauty is undeniable, the true essence of Muskoka Landing lies beyond its physical features. The people who live, visit, and work here have collaborated to create a thriving community. It is a place where seniors can flourish, where cherished memories are made, and where lives are lived to the fullest.

Sincerely,
Jenna Green



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July 2024



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Jarlette Health Services News

Summer has officially arrived! We hope our residents, their friends and family, and our team members, are able to enjoy their community's grounds and enjoy an active lifestyle.

July is a month during which we celebrate our laundry team members for their hard work caring for our residents' clothing and bedroom linens. Thank you to them for their diligence and service! If you don't see them at work, you can always send them a note of thanks!

Though we're only just entering summer, we are already preparing for this year's prestigious *Making A Difference Awards!* Each year, traditionally during autumn, we celebrate a resident from each of the long-term care homes and retirement lodges in the Jarlette Health Services family of communities for their life accomplishments and positive role in their community. We also celebrate at the same ceremony a team member with the *Roberta Jarlette Award* (named in memory of one of our founders) in recognition of their own unique contributions on a daily basis. Ask your home's Administrator/General Manager for more information about these celebrations and about how you can nominate a worthy individual for an award!

Happy Canada Day on July 1st!

